

South Pike School District
SECONDARY LUNCH, 3 DESSERTS
SOUTH PIKE HIGH & SOUTH PIKE JR HIGH SCHOOL
NOVEMBER 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 CHEESY CHICKEN O HAMBURGER CHEF SALAD GREEN BEANS BLACK-EYED PEAS Glazed Carrots FRUIT COCKTAIL FRESH FRUIT BOWL ASSORTED FRUIT J WHOLE WHEAT ROLL	Nov - 3 SPAGHETTI WITH M SAUCE CORN DOG CHEF SALAD BAKED BEANS GREEN BEANS CARROTS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J GARLIC BREAD	Nov - 4 PIZZA WEDGE BBQ PULLED PORK CHEF SALAD OVEN-BAKED POTAT GREEN PEAS WHOLE KERNEL COR CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J FRUITY JELLO CRACKERS	Nov - 5 Baked Lemon Pepp Chicken TURKEY and Chees CHEF SALAD SOUTHERN GREENS YAM PATTIES BAKED BEANS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J SOUTHERN MISSISS CORNBREAD	Nov - 6 NACHO POTATO HAMBURGER CHEF SALAD GREEN PEAS WHOLE KERNEL COR BAKED BEANS Applesauce FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL
Nov - 9 BBQ BEEF BURGER HOT DOG CHEF SALAD OVEN-BAKED POTAT GREEN PEAS Applesauce FRESH FRUIT BOWL ASSORTED FRUIT J OATMEAL RAISIN C	Nov - 10 TURKEY AND DRESS SHAVED HAM AND C SUB CHEF SALAD GREEN BEANS YAM PATTIES CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL Yellow Cake	Nov - 11 PIZZA WEDGE CHICKEN SALAD CHEF SALAD FIELD PEAS SPICY FRIES GREEN PEAS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J SALTINE CRACKERS	Nov - 12 RED BEANS/RICE/H HAMBURGER CHEF SALAD SOUTHERN GREENS YAM PATTIES WHOLE KERNEL COR FRUIT COCKTAIL FRESH FRUIT BOWL ASSORTED FRUIT J SOUTHERN MISSISS CORNBREAD	Nov - 13 CHILI CHEESE FRI TURKEY & CHEESE SANDWICH CHEF SALAD WHOLE KERNEL COR GREEN PEAS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J FRUIT COBBLER
Nov - 16 Beef Taco with S Tortilla FISH SANDWICH CHEF SALAD OVEN-BAKED POTAT BAKED BEANS MIXED VEGETABLES ROSEY APPLESAUCE FRESH FRUIT BOWL ASSORTED FRUIT J	Nov - 17 CHICKEN SPAGHETT CHEESEBURGER CHEF SALAD GREEN BEANS BAKED BEANS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL	Nov - 18 PIZZA WEDGE TUNA SALAD CHEF SALAD GREEN PEAS OVEN-BAKED POTAT WHOLE KERNEL COR FRESH FRUIT BOWL ASSORTED FRUIT J SALTINE CRACKERS FRUITY JELLO	Nov - 19 Hamburger steak GRAVY Turkey and Chees Bun CHEF SALAD MASHED POTATOES SEASONED GREEN B MIXED VEGETABLES Applesauce FRESH FRUIT BOWL ASSORTED FRUIT J Yeast Roll BROWNIES	Nov - 20 SLOPPY JOE ON BU CHEESEBURGER CHEF SALAD WHOLE KERNEL COR OVEN-BAKED POTAT BAKED BEANS CHILLED PEACH SL FRESH FRUIT BOWL ASSORTED FRUIT J
Nov - 23 HOLIDAY - THANKS	Nov - 24 HOLIDAY - THANKS	Nov - 25 HOLIDAY - THANKS	Nov - 26 HOLIDAY - THANKS	Nov - 27 HOLIDAY - THANKS
Nov - 30 CHICKEN TENDERS HAMBURGER CHEF SALAD OVEN-BAKED POTAT GREEN PEAS BAKED BEANS FRUIT COCKTAIL FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL				

1% LOWFAT MILK & SKIM MILK OFFERED DAILY.

MENUS ARE SUBJECT TO CHANGE DUE TO THE AVAILABILITY OF FOOD.
SOUTH PIKE SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.