

South Pike School District

SECONDARY LUNCH

SOUTH PIKE HIGH & SOUTH PIKE JR HIGH SCHOOL

AUGUST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 4 CHICKEN TENDERS HAMBURGER CHEF SALAD OVEN-BAKED POTATO GREEN PEAS BAKED BEANS FRUIT COCKTAIL Fresh Apples ASSORTED FRUIT J HOT ROLL MILK-VARIETY, SEC	Aug - 5 RED BEANS AND RICE WITH SAUSAGE FISH SANDWICH CHEF SALAD SOUTHERN GREEN SWEET POTATO SO BAKED BEANS FRUIT COCKTAIL FRESH FRUIT BOWL ASSORTED FRUIT J SOUTHERN MISSISSIPPI CORNBREAD MILK-VARIETY, SEC	Aug - 6 PIZZA WEDGE TURKEY and Cheese CHEF SALAD GREEN PEAS SPICY FRIES WHOLE KERNEL CORN FRESH ORANGES ASSORTED FRUIT J MILK-VARIETY, SEC FRUITY JELLO
Aug - 9 TUNA SALAD CHICKEN PATTY SANDWICH CHEF SALAD SPICY FRIES GLAZED CARROTS Applesauce FRESH ORANGES ASSORTED FRUIT J MILK-VARIETY, SEC SALTINE CRACKER	Aug - 10 SPAGHETTI WITH MEAT SAUCE CHICKEN PATTY SANDWICH CHEF SALAD SEASONED GREEN BAKED BEANS CHILLED PEACH SLICES FRESH FRUIT BOWL ASSORTED FRUIT J GARLIC BREAD MILK-VARIETY, SEC	Aug - 11 CHICKEN NUGGETS GRILLED CHICKEN CHEF SALAD GREEN PEAS OVEN-BAKED POTATO Fresh Apples ASSORTED FRUIT J WHOLE WHEAT ROLL MILK-VARIETY, SEC	Aug - 12 GLAZED HAM TURKEY SUB CHEF SALAD TURNIP GREENS SWEET POTATO SO WHOLE KERNEL CORN CHILLED PEAR SLICES FRESH FRUIT BOWL ASSORTED FRUIT J SOUTHERN MISSISSIPPI CORNBREAD MILK-VARIETY, SEC	Aug - 13 BBQ RIB SANDWICH HAM AND CHEESE SANDWICH CHEF SALAD OVEN-BAKED POTATO GREEN PEAS WHOLE KERNEL CORN CHILLED PEACH SLICES FRESH FRUIT BOWL ASSORTED FRUIT J MILK-VARIETY, SEC
Aug - 16 Beef Taco with Soft Tortilla FISH SANDWICH CHEF SALAD OVEN-BAKED POTATO BAKED BEANS WHOLE KERNEL CORN FRESH FRUIT BOWL ASSORTED FRUIT J FRUITY JELLO	Aug - 17 CHICKEN SPAGHETTI CHEESEBURGER CHEF SALAD GREEN BEANS Glazed Carrots CHEESY BROCCOLI CHILLED PEAR SLICES FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL MILK-VARIETY, SEC	Aug - 18 PIZZA WEDGE BBQ ON A BUN CHEF SALAD OVEN-BAKED POTATO BAKED BEANS Applesauce FRESH PEARS ASSORTED FRUIT J FRUITY JELLO MILK-VARIETY, SEC	Aug - 19 Hamburger steak w/ Beef GRAVY Turkey and Cheese on Bun CHEF SALAD MASHED POTATOE SEASONED GREEN WHOLE KERNEL CORN Applesauce FRESH FRUIT BOWL ASSORTED FRUIT J MILK-VARIETY, SEC WHOLE WHEAT ROLL	Aug - 20 FISH SANDWICH SHAVED HAM AND SUB CHEF SALAD WHOLE KERNEL CORN GREEN PEAS CHILLED PEAR SLICES FRESH FRUIT BOWL ASSORTED FRUIT J HOT ROLL MILK-VARIETY, SEC
Aug - 23 CHICKEN AND DUMPLINGS FISH SANDWICH CHEF SALAD BLACK-EYED PEAS YAM PATTIES CHILLED PEAR SLICES FRESH FRUIT BOWL ROLL, WHOLE WHEAT MILK-VARIETY, SEC	Aug - 24 MACARONI AND CHEESE WITH HAM Slice Turkey and Cheese on Bun TOSSED SALAD WITH DRESSINGS CABBAGE BAKED BEANS Applesauce FRESH FRUIT BOWL ASSORTED FRUIT J WHOLE WHEAT CORNBREAD SALTINE CRACKER	Aug - 25 PIZZA WEDGE TUNA SALAD CHEF SALAD FIELD PEAS SPICY FRIES GREEN PEAS CHILLED PEARS FRESH FRUIT BOWL ASSORTED FRUIT J SALTINE CRACKER MILK-VARIETY, SEC	Aug - 26 BBQ CHICKEN TURKEY and Cheese CHEF SALAD MASHED POTATOE GREEN BEANS BAKED BEANS CHILLED PEACH SLICES FRESH FRUIT BOWL ASSORTED FRUIT J WHOLE WHEAT ROLL MILK-VARIETY, SEC	Aug - 27 CHILI CHEESE FRIT TURKEY and Cheese CHEF SALAD WHOLE KERNEL CORN GREEN PEAS BAKED BEANS FRESH FRUIT BOWL CHILLED PEAR SLICES ASSORTED FRUIT J MILK-VARIETY, SEC

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

South Pike School District
SECONDARY LUNCH
SOUTH PIKE HIGH & SOUTH PIKE JR HIGH SCHOOL
AUGUST 2010

Aug 5, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 30 CHICKEN FAJITAS TURKEY and Cheese CHEF SALAD GREEN PEAS WHOLE KERNEL CO BROCCOLI SALAD CHILLED PEARS FRESH FRUIT BOWL ASSORTED FRUIT J MILK-VARIETY, SEC FRUITY JELLO	Aug - 31 SLOPPY JOE ON BU CHEESEBURGER CHEF SALAD WHOLE KERNEL CO OVEN-BAKED POTA BAKED BEANS CHILLED PEACH SLI FRESH FRUIT BOWL ASSORTED FRUIT J MILK-VARIETY, SEC			

MENUS ARE SUBJECT TO CHANGE DUE TO THE AVAILABILITY OF FOOD.
 SOUTH PIKE SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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